

## CLAIMS

What is claimed is:

1. A warming device comprising:  
  
an exothermic thermochemical composition wherein the exothermic reaction occurs upon activation;  
  
a flexible polymeric containment for said thermochemical composition, said containment being structured to have a first skin-contacting side and second transparent viewing side, each of said first and second sides having an interior surface and exterior surface;  
  
wherein said first skin-contacting side of said containment further comprises an outer fabric layer attached onto said skin-contacting side surface.
2. The device according to claim 1, wherein the warming device is an infant heel warming device.
3. The device according to claim 1, wherein wherein said second viewing side is composed of a transparent polymeric material permitting viewing of the interior of said flexible polymeric containment.
4. The device according to claim 1, wherein at least one securing strap is attached to said device to secure said device onto the foot.
5. The device according to claim 1, wherein said outer fabric layer is laminated onto said first skin-contacting side.
6. The device according to claim 1, wherein said outer fabric layer is adhered onto said first skin-contacting side by an adhesive.

7. The device according to claim 1, wherein said outer fabric layer is composed of a non-woven material.
8. The device according to claim 7, wherein said non-woven material is selected from the group consisting essentially of polyester, polyethylene, polypropylene, and rayon, and combinations thereof.
9. The device according to claim 1, wherein said thermochemical composition comprises a liquid mixture of sodium acetate trihydrate and water.
10. The device according to claim 9, wherein the thermochemical composition comprises a liquid mixture of sodium acetate trihydrate in an amount of about 73% of the total liquid volume and water in an amount of about 37% of the total liquid volume.
11. The device according to claim 1, further comprising a physical activator.
12. The device according to claim 11, wherein the physical activator comprises particles adhered to a substrate surface.
13. The device according to claim 12, wherein said particles comprise aluminum oxide grit.
14. The device according to claim 11, wherein the physical activator is a flexible metallic disc.
15. The device according to claim 14, wherein the flexible metallic disc is composed of stainless steel.